(English) DM-SG0003-05

## **Dealer's Manual**

# Nexus

Inter-8 Inter-7 Inter-5

## **CONTENTS**

MODELS COVERED BY THIS DEALER'S MANUAL	4
IMPORTANT NOTICE	5
TO ENSURE SAFETY	6
LIST OF TOOLS TO BE USED	12
INSTALLATION	14
Installation of the sprocket to the hub	14
Installation of the cassette joint to the hub	15
Installing the Inter-M brake to the hub body	18
Installation of the hub to the frame	19
Installation of the disc brake rotor  Center lock type  5 bolt type (with lock washer)	22
Installation of the lever  ■ When equipped with mode switching mechanism	24
Installation of the shifting cable	26
Installing to the cassette joint	26
ADJUSTMENT	36
Adjusting the cassette joint	36
MAINTENANCE	40
Disconnecting the shifting cable when removing the rear wheel from the frame	40
Replacing the inner cable  REVOSHIFT lever  RAPIDFIRE Plus Shifting lever	43

Replacement and assembly of the indicator unit	47
■ Removal	47
■ Installation	48
Oil maintenance of the internal assembly	48

## **MODELS COVERED BY THIS DEALER'S MANUAL**

This Dealer's Manual is for the following models.

Part/Serie	s	Inter-8	Inter-7	Inter-5
	Coaster brake + Disc brake	SG-C6000-8CD	-	-
	Disc brake	SG-C6000-8D	-	-
Internal geared hub	Coaster brake	SG-C6000-8C SG-8C31	SG-C3000-7C SG-7C30	-
	Inter-M brake	SG-C6010-8R SG-C6000-8R SG-8R31 SG-8R36	SG-C3000-7R SG-7R50	SG-5R30 SG-5R35
	V-brake	SG-C6010-8V SG-C6000-8V SG-8R31-VS SG-8R36-VS	-	SG-5R30-VS SG-5R35-VS
Shifting lever	RAPIDFIRE Plus Shifting lever	-	SL-7S50	SL-5S50
Shifting lever	REVOSHIFT lever	SL-8S31 SL-8S30 SB-8S20-A	SL-7S31 SL-7S30 SB-C3000-7	SL-5S30
Cassette joi	nt	CJ-8S40 CJ-8S20	CJ-NX40 CJ-NX10	CJ-8S40 CJ-8S20

## **IMPORTANT NOTICE**

This dealer's manual is intended primarily for use by professional bicycle mechanics.

Users who are not professionally trained for bicycle assembly should not attempt to install the components themselves using the dealer's manuals.

If any part of the information on the manual is unclear to you, do not proceed with the installation. Instead, contact your place of purchase or a local bicycle dealer for their assistance.

- Make sure to read all instruction manuals included with the product.
- Do not disassemble or modify the product other than as stated in the information contained in this dealer's manual.
- · All dealer's manuals and instruction manuals can be viewed on-line on our website (http://si.shimano.com).
- Please observe the appropriate rules and regulations of the country, state or region in which you conduct your business as a dealer.

#### For safety, be sure to read this dealer's manual thoroughly before use, and follow it for correct use.

The following instructions must be observed at all times in order to prevent personal injury and physical damage to equipment and surroundings.

The instructions are classified according to the degree of danger or damage which may occur if the product is used incorrectly.

### **A** DANGER

Failure to follow the instructions will result in death or serious injury.

#### WARNING

Failure to follow the instructions could result in death or serious injury.

## **A** CAUTION

Failure to follow the instructions could cause personal injury or physical damage to equipment and surroundings.

## TO ENSURE SAFETY

### **WARNING**

 Be sure to follow the instructions provided in the manuals when installing the product.

It is recommended to use genuine Shimano parts only. If parts such as bolts and nuts become loose or damaged, the bicycle may suddenly fall over, which may cause serious injury.

In addition, if adjustments are not carried out correctly, problems may occur, and the bicycle may suddenly fall over, which may cause serious injury.

- Be sure to wear safety glasses or goggles to protect your eyes while performing maintenance tasks such as replacing parts.
- After reading the dealer's manual thoroughly, keep it in a safe place for later reference.

#### Be sure to also inform users of the following:

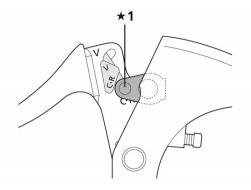
- Each bicycle may handle slightly differently depending on the model.
  - Therefore, be sure to learn the proper braking technique (including brake lever pressure and bicycle control characteristics) and operation of your bicycle. Improper use of your bicycle's brake system may result in a loss of control or a fall, which could lead to severe injury. For proper operation, consult a professional bicycle dealer or the bicycle's owner's manual. It is also important to practice riding and braking, etc.
- The brake levers are equipped with a mode switching mechanism which can be used to make them compatible with cantilever brakes and roller brakes or V-BRAKE brakes with power modulator. (SB-8S20-A/SB-C3000-7 is compatible with roller brakes or V-BRAKE brakes with power modulator. Please note that it is not compatible with cantilever brakes.)

If the incorrect mode is selected it may result in either excessive or insufficient braking force, which is highly dangerous.

Select the correct mode as shown in the illustrations. Brake levers with mode switching mechanism can be assembled as shown in the illustrations.

#### Applicable brake:

Cantilever brakes Roller brakes

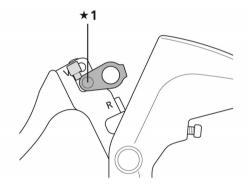


#### **★1** C·R position

C: Mode position for compatibility with cantilever brakes

R: Mode position for compatibility with roller brakes

## Applicable brake (for SB-8S20-A/SB-C3000-7): Roller brakes

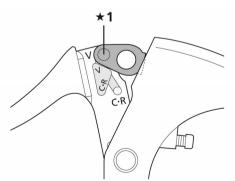


#### **★1** R position

R: Mode position for compatibility with roller brakes

#### Applicable brake:

V-BRAKE brakes with power modulator



#### **★1** V position

V: Mode position for compatibility with V-BRAKE brakes with power modulator

 Check that the wheels are fastened securely before riding the bicycle. If the wheels are loose in any way, they may come off the bicycle and serious injury may result.

#### For Installation to the Bicycle, and Maintenance:

- When securing the brake arm to the frame, be sure to use a brake arm clip that matches the size of the chainstay, and securely tighten them with the clip bolt and clip nut to the specified tightening torque.
  Use a lock nut with a nylon insert (self-locking nut) as the clip nut. It is recommended that Shimano made clip bolts, clip nuts, and arm clips be used.
  If the clip nut comes off the brake arm, or if the clip bolt or arm clip becomes damaged, the brake arm may rotate on the chainstay and cause the handlebars to jerk suddenly, or the bicycle wheel may lock and the bicycle may fall over, causing serious injury.
- When installing the hub to the frame, be sure to install the correct non-turn washers to the left and right sides, and securely tighten the hub nuts to the specified torques. If the non-turn washers are installed on one side only, or if the hub nuts are not tightened sufficiently, the non-turn washer may fall out, which could cause the hub axle to rotate and the cassette joint to turn, resulting in the handlebars being accidentally pulled by the shifting cable and an extremely serious accident.

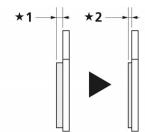
#### Disc brake rotor

 Please make sure to keep your fingers away from the rotating disc brake rotor. The disc brake rotor is sharp enough to inflict severe injury to your fingers if caught in the openings of the disc brake rotor while it is moving.



- The calipers and disc brake rotor will become hot when the brakes are operated; do not touch them while riding or immediately after dismounting from the bicycle. Otherwise you may get burned.
- Be careful not to allow any oil or grease to get onto the disc brake rotor and brake pads. Otherwise the brakes may not work correctly.
- If any oil or grease gets on the brake pads, consult a dealer or an agency. Otherwise the brakes may not work correctly.

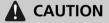
 If noise occurs during brake operation, the brake pads may have been worn down to the usable limit.
 After checking that the temperature of the brake system has cooled down sufficiently, check that the thickness of each pad is 0.5mm or more. Or, consult a dealer or an agency.



- **★1** 2mm
- **★**2 0.5mm
- If the disc brake rotor is cracked or deformed, immediately stop using the brakes and consult a dealer or an agency.
- If the disc brake rotor becomes worn down to a thickness of 1.5mm or less, or if the aluminum surface appears, immediately stop using the brakes and consult a dealer or an agency. The disc brake rotor may break, and you may fall off the bicycle.

#### Coaster brake hub

 When using a reversed fork end, use a chain adjuster to remove excess slack from the chain.



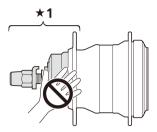
#### Be sure to also inform users of the following:

Be sure to shift the shifting lever one gear at a time.
 During shifting, reduce the force being applied to the
 pedals. If you try to force operation of the shifting
 lever or perform multi-shifting while the pedals are
 being turned strongly, your feet may come off the
 pedals and the bicycle may fall over, which could result
 in serious injury.

Using the shifting lever to multi-shift to a light gear may also cause the outer casing to spring out of the shifting lever.

This does not affect the capabilities of the shifting lever because the outer casing returns to the original position after shifting.

 If the brake is used frequently, the area around the brake may become hot. Do not touch the area around the brake for at least 30 minutes after riding the bicycle.



**★1** Area around the brake

#### Coaster brake specifications

- Continuous application of the brakes when riding down long slopes will cause the internal brake parts to become very hot, weakening braking performance, and may also cause a reduction in the amount of brake grease inside the brake, leading to problems such as abnormally sudden braking.
- Spin the wheel and confirm that the braking force of the coaster brake is correct.

#### NOTE

#### Be sure to also inform users of the following:

- The gears can be shifted while lightly pedaling, but on rare occasions the pawls and ratchet inside the hub may produce some noise afterwards as part of normal gear shifting operation.
- The internal geared hub is not completely waterproof. Avoid using the hub in places where water might get inside and do not use high-pressure water to clean the hub, otherwise the internal mechanism may rust.
- Do not disassemble the hub. If you need to disassemble it, contact the place of purchase.
- All of the following occurrences are due to the internal gear-shifting structure and are not the failure of the internal components.

	Number of	Type of hub		Gear positions where	
Phenomenon	gears in hub	For coaster brakes	For roller brakes/ V-BRAKE	phenomenon might occur	
A clicking is felt in the pedal when you place your foot on a pedal and move the bicycle backward.	7-speed hub	×	-	All gear positions	
	7-speed hub	×	-	All gear positions	
Noise occurs when the pedals rotate.	7-speed hub	-	×	2nd, 3rd, 4th, 5th, 6th, 7th	
	8-speed hub	×	-	All gear positions except 1st	
Noise occurs when the bicycle is pushed backward.	8-speed hub	×	×	5th, 6th, 7th, 8th	
The hub has a built-in mechanism that supports gear shifting and when the mechanism operates during gear shifting, noise and vibrations occur.	8-speed hub	×	×	All gear positions	
	7-speed hub	×			
Depending on gear position, gear-shifting may feel different.	8-speed hub	×	×	All gear positions	
	5-speed hub	-			
	7-speed hub	×	×	All accountable as	
Noise occurs when pedal rotation is stopped during riding.	8-speed hub	×	-	All gear positions	
	5-speed hub	-	×	4th, 5th	

- Products are not guaranteed against natural wear and deterioration from normal use and aging.
- For maximum performance we highly recommend Shimano lubricants and maintenance products.

#### Coaster brake specifications

• If the wheels are not rotating smoothly, you need to replace or grease the brake shoes. Consult the dealer where you made the purchase.

#### For Installation to the Bicycle, and Maintenance:

- The cassette joint should only be used with sprockets with 16T to 23T.
- It is recommended that the chainring of the front be set to the following gear ratio.

7-speed, 8-speed: approx. 2.1

5-speed: approx. 2.0

#### Example) For 26 inch wheels

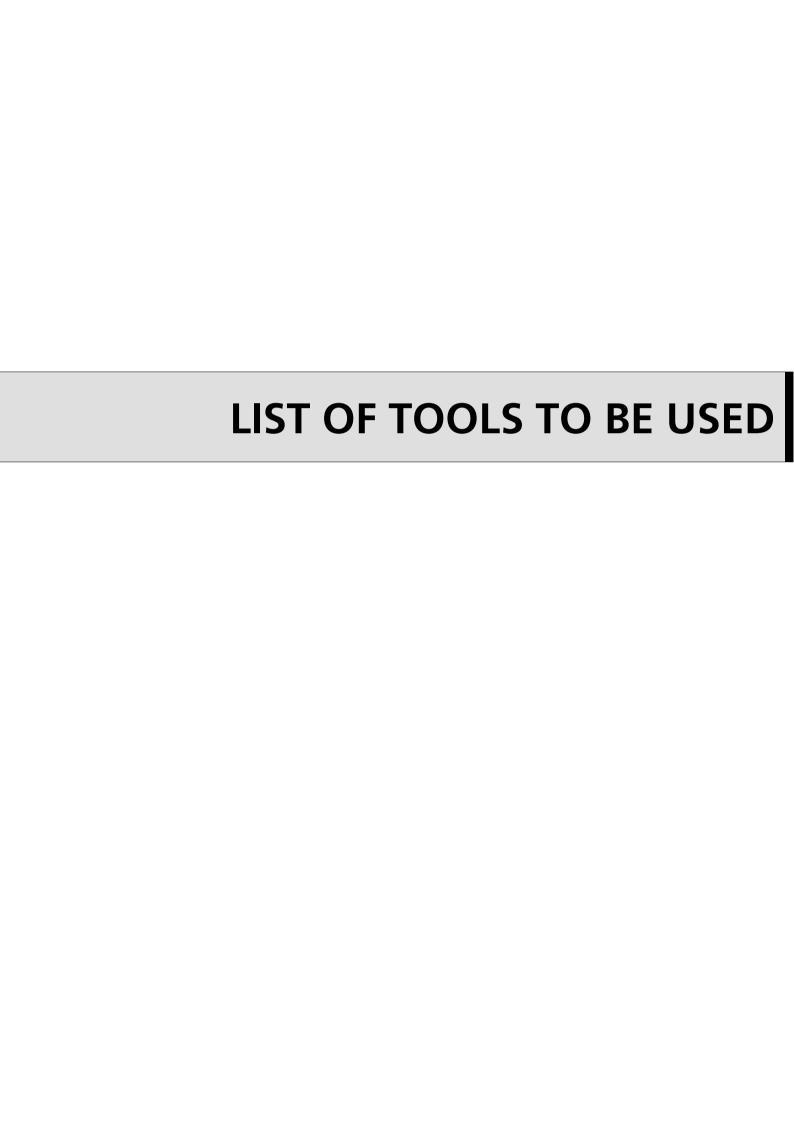
	Front	36T	38T	46T
Rear	7-speed, 8-speed	16T	18T	22T
Near	5-speed	18T	19T	23T

- To maintain the product in good working order, it is recommended to have a bicycle dealer or nearest agency carry out maintenance such as lubrication of the internal parts about once every two years from the first time of use (once about every 5,000km if the bicycle is used very frequently). Also, for carrying out maintenance, the use of Shimano internal geared hub grease or a lubrication kit is recommended. If Shimano grease or a Shimano lubrication kit is not used, problems such as a malfunction in gear shifting may occur.
- If the wheel becomes difficult to turn, lubricate it with grease.
- The gears should be periodically washed with a neutral detergent. In addition, cleaning the chain with neutral detergent and lubricating it can be an effective way of extending the life of the gears and the chain.
- If the chain keeps coming off the gears during use, replace the gears and chain.

#### Coaster brake specifications

- Use a wheel with 3x or 4x spoke lacing. Wheels with radial lacing cannot be used. Otherwise, the spokes or the wheel may get damaged, or noise may occur when braking.
- If the wheel becomes difficult to turn, you should replace the brake shoes or lubricate with grease.
- Use only the specified grease for the brake shoes and when using a lubrication kit, remove the brake shoes to avoid contact with the oil.

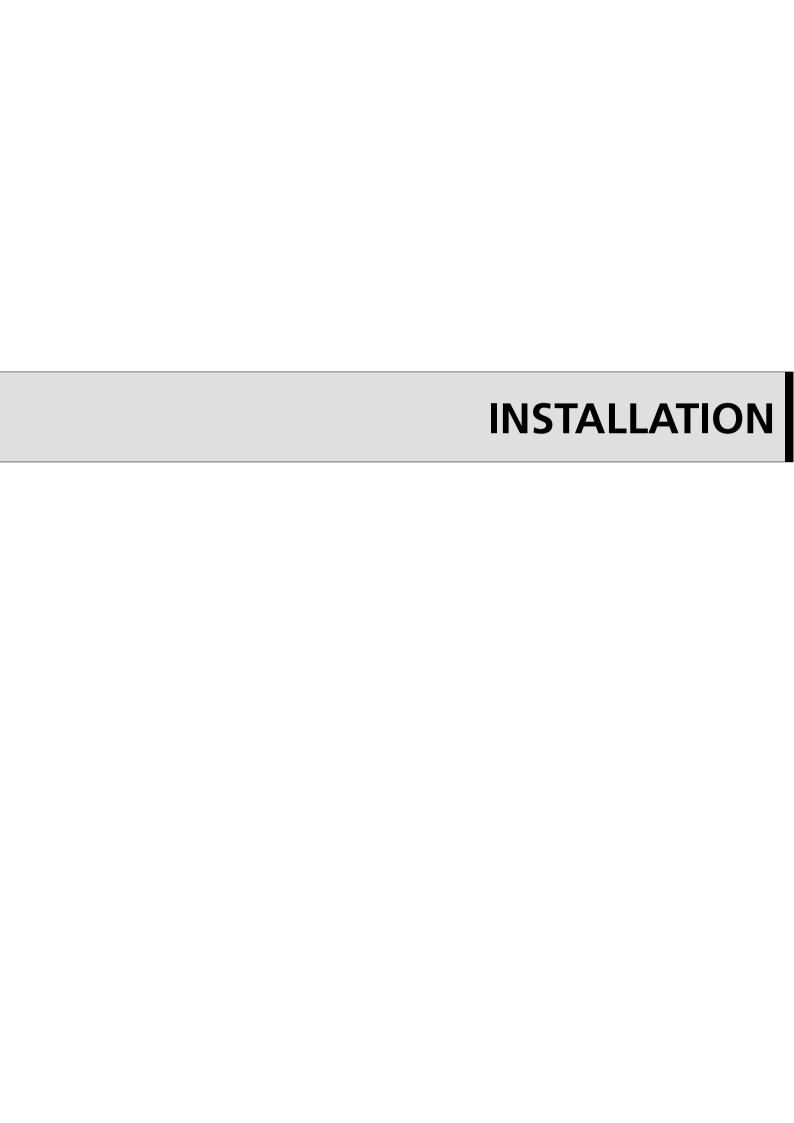
The actual product may differ from the illustration because this manual is intended mainly to explain the procedures for using the product.



## LIST OF TOOLS TO BE USED

The following tools are needed for installation, adjustment, and maintenance purposes.

	Tool		Tool		Tool
2	2mm hexagon wrench	#1	Screwdriver[#1]		Adjustable wrench
3	3mm hexagon wrench	#2	Screwdriver[#2]	TL-CJ40	TL-CJ40 (Y70898020)
5 mm	5mm hexagon wrench	TL-LR10	TL-LR10		
10mm	10mm spanner	#25	Hexalobular[#25]		



## **INSTALLATION**

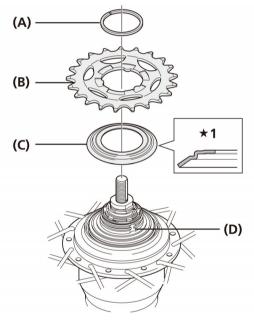
## Installation of the sprocket to the hub

#### ■ 7-speed hub, 5-speed hub

**1.** Place right-hand dust cap onto the driver on the right side of the hub body.

Next, install the sprocket and secure it in place with the snap ring.

	Applicable sprockets		
Specifications	Outward assem- bling	Inward assem- bling	
7-speed	16T-23T	18T-23T	
5-speed	16T-23T		



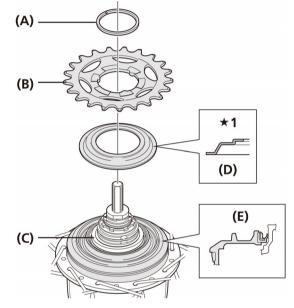
- **★1** Note the direction
- (A) Snap ring
- (B) Sprocket
- (C) 7-speed: Right-hand dust cap C 5-speed: Right-hand dust cap D
- **(D)** Driver

## ■ 8-speed hub

#### For specification A

**1.** Place right-hand dust cap C onto the driver on the right side of the hub body. Next, install the sprocket and secure it in place with the snap ring.

	Applicable sprockets		
Specifications	Outward assem- Inward assem-		
	bling	bling	
А	16T-23T	20T-23T	



- **★1** Note the direction
- (A) Snap ring
- (B) Sprocket
- (C) Driver
- (D) Right-hand dust cap C
- (E) Right-hand dust cap A

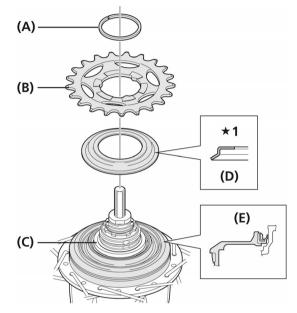
#### **NOTE**

If the sprocket is an inward assembling sprocket with 19T or fewer or for belt drive specifications, right-hand dust cap A will come into contact with the chain or pulley so specification B should be used instead.

#### For specification B

**1.** Place right-hand dust cap onto the driver on the right side of the hub body. Next, install the sprocket and secure it in place with the snap ring.

	Applicable sprockets		
Specifications	Outward assem-	Inward assem-	
	bling bling		
В	16T-23T		



- **★1** Note the direction
- (A) Snap ring
- (B) Sprocket
- (C) Driver
- (D) Right-hand dust cap B
- (E) Right-hand dust cap A

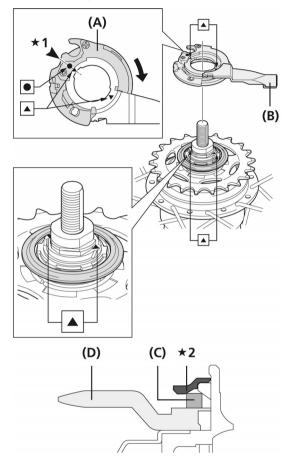
#### **NOTE**

If the sprocket is an inward assembling sprocket with 16T and 3mm teeth or for belt drive specifications, remove right-hand dust cap B before use.

#### Installation of the cassette joint to the hub

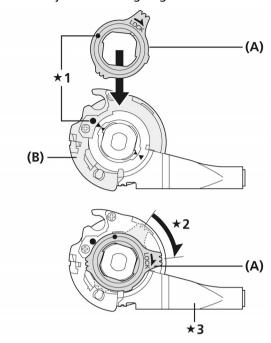
#### ■ 7-speed hub

1. Install the driver cap to the driver on the right side of the hub body. Next, turn the pulley of the cassette joint in the direction of the arrow so that the yellow • mark is aligned with the yellow ▲ mark, and then align the yellow ▲ marks on the cassette joint with the yellow ▲ marks on the right side of the hub body.



- **★1** Should be aligned
- **★2** Install the driver cap in this position.
- (A) Pulley
- (B) Cassette joint
- (C) Snap ring
- (D) Sprocket

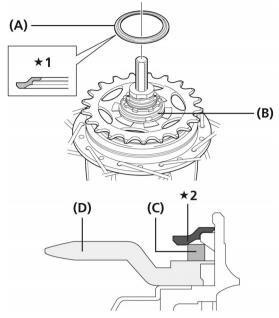
2. Secure the cassette joint to the hub with the cassette joint mounting ring. When installing the cassette joint mounting ring, align the yellow • mark with the yellow • mark on the pulley of the cassette joint, and then turn the cassette joint mounting ring 45° clockwise.



- **★1** Align the yellow marks to install.
- **★2** Turn 45°
- $\star 3$  Fit the cassette joint bracket securely.
- (A) Cassette joint mounting ring
- (B) Pulley

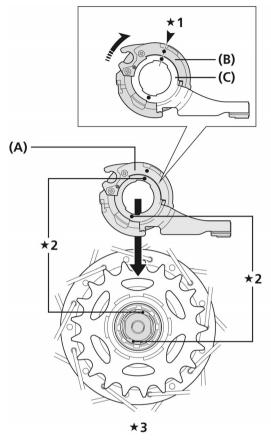
## ■ 8-speed hub, 5-speed hub

**1.** Install the driver cap to the driver on the right side of the hub body.



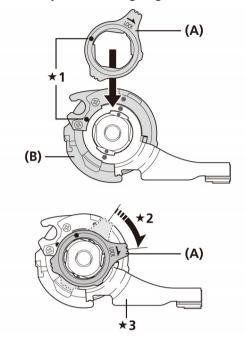
- **★1** Note the direction
- **★2** Install the driver cap in this position.
- (A) Driver cap
- (B) Driver
- (C) Snap ring
- (D) Sprocket

2. Turn the cassette joint pulley in the direction of the arrow in the illustration to align the red • marks on the pulley and the bracket and then with the cassette joint in this position, install it with the red • marks on the cassette joint aligned with the red • marks on the right side of the hub body.



- **★1** Should be aligned
- **★2** Align the red marks to install.
- **★3** Right side of the hub body
- (A) Cassette joint
- **(B)** Pulley
- (C) Bracket

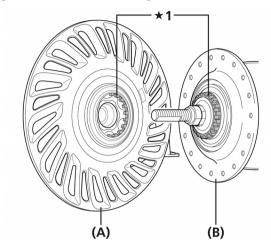
3. Secure the cassette joint to the hub with the cassette joint mounting ring. When installing the cassette joint mounting ring, align the yellow • mark with the yellow
• mark on the pulley of the cassette joint, and then turn the cassette joint mounting ring 45° clockwise.



- **★1** Align the yellow marks to install.
- **★2** Turn 45°
- **★3** Fit the cassette joint bracket securely.
- (A) Cassette joint mounting ring
- (B) Pulley

## Installing the Inter-M brake to the hub body

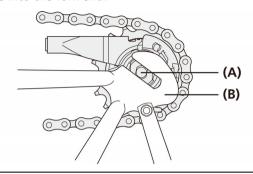
**1.** Engage the serrations on the hub body with the serrations on the Inter-M brake, and then provisionally tighten the brake unit fixing nut.



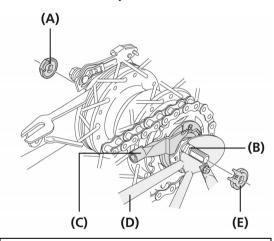
- **★1** Align the serrations
- (A) Inter-M brake
- (B) Hub body

#### Installation of the hub to the frame

**1.** Mount the chain on the sprocket, and then set the hub axle into the fork end.



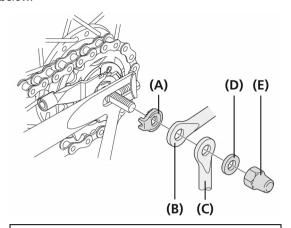
- (A) Hub axle
- (B) Fork end
- **2.** Place non-turn washers and onto the right and left sides of the hub axle. At this time, turn the cassette joint so that the protrusions of the non-turn washers fit into the grooves in the fork ends and align the joint to be almost parallel to the chainstay.



- (A) Non-turn washer (for left-side use)
- (B) Groove in fork end
- (C) Cassette joint
- (D) Chainstay
- (E) Non-turn washer (for right-side use)

#### **NOTE**

When installing parts such as a mudguard stay to the hub axle, install them in the order shown in the illustration below.



- (A) Non-turn washer
- (B) Mudguard stay
- (C) Carrier stay
- (D) Washer
- (E) Cap nut

#### **TECH TIPS**

 Use a non-turn washer that matches the shape of the fork end.

Different non-turn washers are used for the left and right sides.

	Non-turn washer				
Fork end	Mark				
	For right	For left	Size		
Standard	5R/Yellow	5L/Brown	θ≤20°		
Standard	7R/Black	7L/Gray	20°≤θ≤38°		
Reversed	6R/Silver	6L/White	θ=0°		
Reversed (Full chain case)	5R/Yellow	5L/Brown	θ=0°		
Vertical	8R/Blue	8L/Green	θ=60° - 90°		

**Note**: Vertical type does not include the coaster specifications.

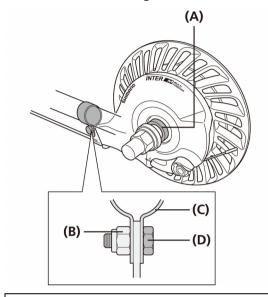


#### **★1** Mark

- The protrusion should be on the fork end side.
- Install the non-turn washer so that the protrusion fits securely in the fork end groove at the front and back sides of the hub axle.

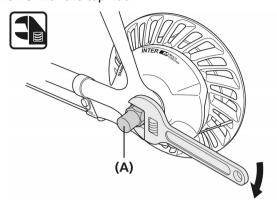
#### In the case of Inter-M brake specifications

- Attach the brake arm of the Inter-M brake to the chainstay with the brake arm clip.
   Next, temporarily fix the clip bolt and clip nut by lightly tightening them.
- If the hub nuts are cap nuts, use a frame with fork ends that are at least 7mm thick.
- Check that the brake unit is firmly secured to the hub with the brake unit fixing washer.



- (A) Brake fixing washer (insert manually)
- (B) Clip nut
- (C) Arm clip
- (D) Clip bolt (M6 × 16mm)

**3.** Take up slack in the chain and secure the wheel to the frame with the cap nut.



(A) Hub nut

Tightening torque
Adjustable wrench
30 - 45 N·m

#### **NOTE**

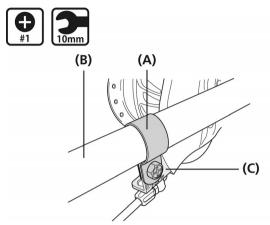
Check that the wheel is fixed securely to the frame with the hub nut.

**4.** Fix the brake arm securely to the chainstay with the arm clip.

Check that the brake arm is securely fastened to the chainstay with the brake arm clip. If it is not installed correctly, braking performance will suffer.

• If excessive force is applied to the brake arm to secure it, the wheel will make noise and become difficult to turn.

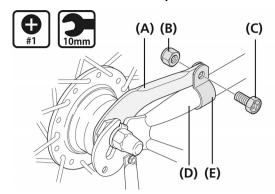
Be careful not to apply excessive force when installing.



- (A) Arm clip
- (B) Chainstay
- (C) Brake arm

# Screwdriver[#1] 10mm spanner 2 - 3 N·m

#### In the case of coaster brake specifications



- (A) Brake arm
- (B) Clip nut
- (C) Clip bolt
- (D) Chainstay
- (E) Arm clip

#### **Tightening torque**

Screwdriver[#1]

10mm spanner

2 - 3 N·m

### **WARNING**

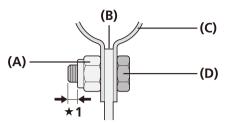
When securing the brake arm to the frame, be sure to use a brake arm clip that matches the size of the chainstay, and securely tighten them with the clip bolt and clip nut to the specified tightening torque.

Use a lock nut with a nylon insert (self-locking nut) as the clip nut. It is recommended that Shimano made clip bolts, clip nuts, and arm clips be used.

If the clip nut comes off the brake arm, or if the clip bolt or arm clip becomes damaged, the brake arm may rotate on the chainstay and cause the handlebars to jerk suddenly, or the bicycle wheel may lock and the bicycle may fall over, causing serious injury.

#### **NOTE**

- When installing the arm clip, securely tighten the clip bolt while holding the clip nut with a 10mm spanner.
- After installing the arm clip, check that the clip bolt protrudes about 2 to 3mm from the end face of the clip nut.

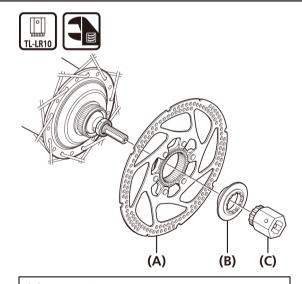


**★1** 2 - 3mm

- (A) Clip nut
- (B) Brake arm
- (C) Arm clip
- (D) Clip bolt (M6 × 16mm)
- Before using the Coaster Brake, check that the brake works properly and that the wheel turns smoothly.

#### Installation of the disc brake rotor

#### **■** Center lock type



- (A) Disc brake rotor
- (B) Disc brake rotor fixing lock ring
- (C) TL-LR10

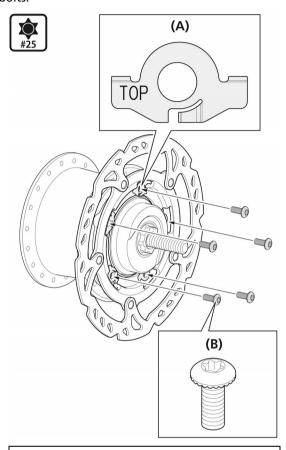
#### **Tightening torque**

TL-LR10 Adjustable wrench

40 N·m

#### ■ 5 bolt type (with lock washer)

**1.** Attach the disc brake rotor and the disc brake rotor lock washers to the hub, and then tighten them on with a bolts.

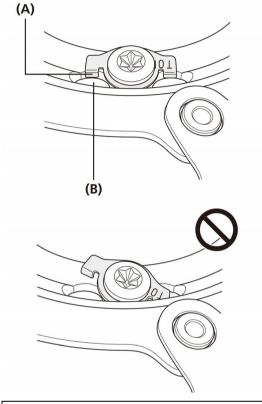


- (A) Lock washer
- (B) Disc brake rotor fixing bolt

# Tightening torque Hexalobular[#25] 2 - 4 N·m

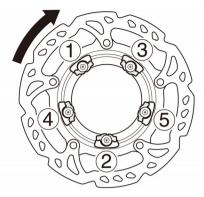
#### **NOTE**

- Fit the lock washers so that the marking "TOP" is visible.
- Ensure that the hooked parts of the lock washer are securely caught on the notches in the disc brake rotor and then tighten on the lock washer with the disc brake rotor fixing bolt. If tightened while the hooked parts are against the surface of the disc brake rotor, the washer and its hooked parts will become deformed.



- (A) Hooked part of washer
- (B) Notch in disc brake rotor
- The lock washers are not reusable. Always use new lock washers when installing/re-installing the disc brake rotor.
- Use the dedicated disc brake rotor fixing bolts.

**2.** Wear gloves and turn the disc brake rotor clockwise with some force. At this time, tighten on the disc brake rotor fixing bolts in the order indicated in the illustration.



## Installation of the lever

## ■ When equipped with mode switching mechanism

1. Use screwdriver[#1] to loosen the screw.



**2.** Set the mode switch to the mode position for the brake installed.



#### **TECH TIPS**

For V-BRAKE brakes



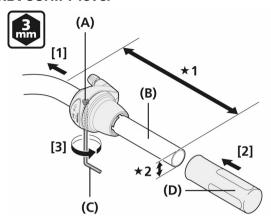
For caliper brakes/cantilever brakes/roller brakes



#### ■ Installation of the lever

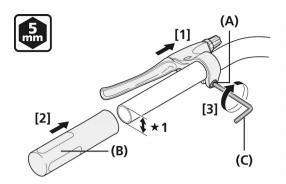
Install the lever as shown in the illustration.

#### For REVOSHIFT lever



- **★1** 166mm or more
- **★2** Ø22.2mm
- (A) Fixing bolt
- (B) Handlebar
- (C) 3mm hexagon wrench
- (D) Half grip

# Tightening torque 3mm hexagon wrench 2 - 2.5 N·m



- **★1** Ø22.2mm
- (A) Fixing bolt
- (B) Grip
- (C) 5mm hexagon wrench

## Tightening torque

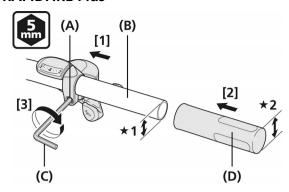
5mm hexagon wrench

6 - 8 N·m

#### **TECH TIPS**

- If using Shimano half grip, the straight section of the handlebar should be 166mm or longer.
   Attach the REVOSHIFT lever to this straight section.
- Leave a gap of 0.5mm between the REVOSHIFT lever and the half grip.

#### For RAPIDFIRE Plus



- **★1** Ø22.2mm
- **★2** Ø32mm or less
- (A) Fixing bolt
- (B) Handlebar
- (C) 5mm hexagon wrench
- (D) Grip

## Tightening torque 5mm hexagon wrench

#### 5 - 7 N⋅m

#### **TECH TIPS**

Use a handlebar grip with an outer diameter of Ø32mm or less.

## Installation of the shifting cable

For information on how to replace the inner cable, refer to the maintenance section.

\* Use a shifting cable with one inner cable drum. Shifting cable with one inner cable drum: OT-SP40 (Ø4mm)



- **★1** Shifting lever side
- **★2** Cassette joint side
- (A) Sealed outer cap

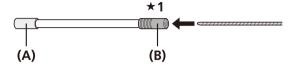
#### **NOTE**

Make sure that the sealed outer cap is at the shifting lever end.

#### Installing to the cassette joint

#### ■ For CJ-NX10/CJ-8S20

**1.** Pass the inner cable through the OT-SP40 outer casing to the end with the plastic cap.

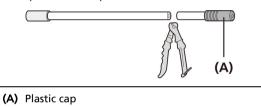


- **★1** Lever side
- (A) Aluminum cap
- (B) Plastic cap

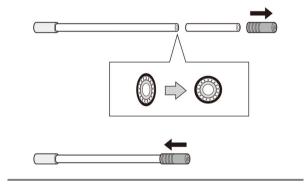
#### **TECH TIPS**

#### **Cutting the outer casing**

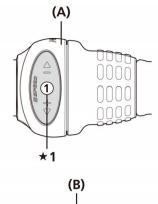
If cutting the outer casing, cut it near the end with the plastic cap while the cap is still attached.

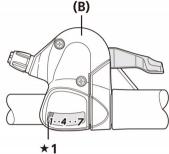


After cutting, make the cut end perfectly round and attach the plastic cap.



2. Set the REVOSHIFT lever/shifting lever to 1.

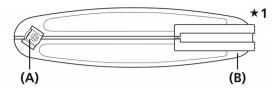




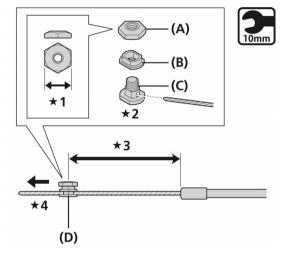
- **★1** Set to 1
- (A) REVOSHIFT lever
- (B) RAPIDFIRE Plus shifting lever
- 3. After checking that the end of the outer casing is securely set in the cable adjustment barrel of the REVOSHIFT lever/shifting lever, attach the inner cable fixing bolt unit to the inner cable.
  When installing the inner cable fixing bolt unit, use the setting tool TL-CJ40 (Y70898020).
  For CJ-NX10 and CJ-8S20, use the front side of TL-CJ40.

#### **NOTE**

 The tool is shipped ready to be used for CJ-NX10 and CJ-8S20.



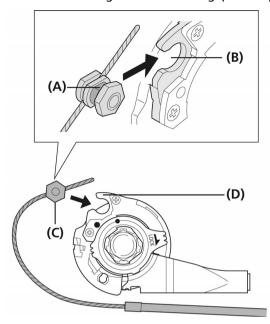
- **★1** Front side
- (A) Nut fitting
- (B) TL-CJ40
- This inner cable fixing bolt unit is designed only for CJ-NX10, CJ-NX40, CJ-8S20, and CJ-8S40. 11-speed fixing bolt units cannot be used.



- **★1** 10mm
- **★2** Pass the inner cable through the hole.
- **★3** 101mm
- **★4** Pull the inner cable while attaching the inner cable fixing bolt unit.
- (A) Inner cable fixing nut (Black)
- (B) Inner cable fixing washer (Silver)
- (C) Inner cable fixing bolt (Silver)
- (D) Inner cable fixing bolt unit

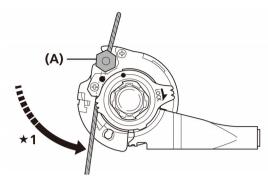
Tightening torque
10mm spanner
3.5 - 5.5 N⋅m

**4.** Bring the cable around to the cassette joint pulley, hold it so that the inner cable fixing nut is facing outwards (towards the fork end), and then slide the flats part of the inner cable fixing washer into the gap in the pulley.



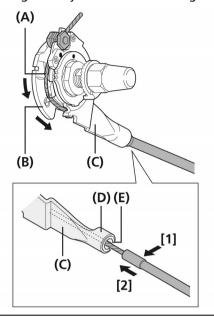
- (A) Flats part of inner cable fixing washer
- (B) Gap in pulley
- (C) Inner cable fixing nut
- (D) Pulley

**5.** Turn the cable 60° counterclockwise and attach it to the hook.



- **★1** Turn the cable 60°
- (A) Hook

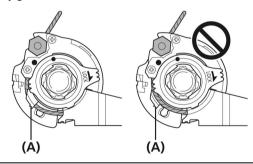
**6.** Attach the inner cable to the pulley as shown in the illustration, pass the inner cable through the slit in the cassette joint bracket, and then insert the end of the outer casing securely into the outer casing holder.



- (A) Inner cable
- (B) Pulley
- (C) Bracket
- (D) Outer casing holder
- (E) Slit

#### **NOTE**

Check that the inner cable is correctly seated inside the pulley guide.

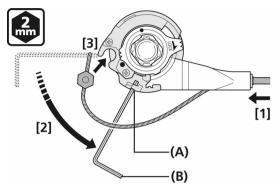


(A) Guide

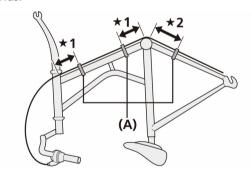
#### **TECH TIPS**

When it is easier to insert the outer casing into the outer casing holder

Insert the outer casing into the outer casing holder [1]. Next, insert a 2mm hexagon wrench or a #14 spoke into the hole in the cassette joint pulley, and turn the pulley [2] so that the inner cable fixing bolt unit fits into the gap in the pulley [3].



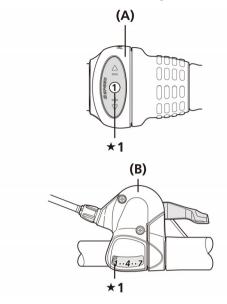
- (A) Hole in pulley
- (B) 2mm hexagon wrench or #14 spoke
- **7.** Finally, fix the cable on the frame with the outer casing bands.



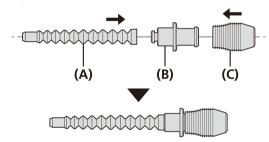
- **★1** 10cm
- **★2** 15cm
- (A) Outer casing bands

#### ■ For CJ-NX40/CJ-8S40

1. Set the REVOSHIFT lever/shifting lever to 1.



- **★1** Set to 1
- (A) REVOSHIFT lever
- (B) RAPIDFIRE Plus shifting lever
- **2.** Install the rubber cover and rubber bellows to the outer casing holder.



- (A) Rubber bellows
- (B) Outer casing holder
- (C) Rubber cover
- 3. Wipe off any grease on the inner cable.

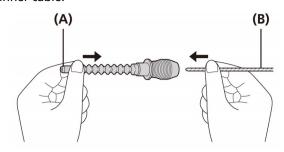
#### **NOTE**

#### Pay attention to the end of the inner cable

Use a new inner cable; do not use a cable which has had its end cut off.



**4.** While holding the end of the rubber bellows, insert the inner cable.

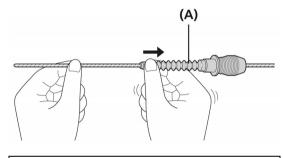


- (A) End of rubber bellows
- (B) Inner cable

#### **NOTE**

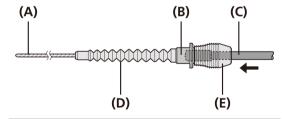
Be careful not to pierce the rubber bellows with the end of the inner cable at this time.

5. Slide the rubber bellows onto the inner cable.



- (A) Rubber bellows
- **6.** Insert the outer casing into the rubber cover and set it into the outer casing holder.

Push the outer casing so that it securely touches the holder.

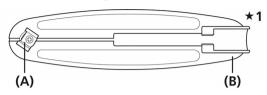


- (A) Inner cable
- (B) Outer casing holder
- (C) Outer casing
- (D) Rubber bellows
- (E) Rubber cover

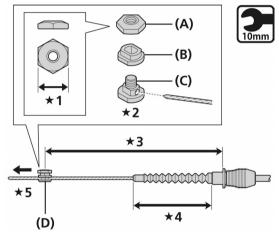
- 7. After checking that the end of the outer casing is securely set in the cable adjustment barrel of the shifting lever, attach the inner cable fixing bolt unit to the inner cable.
  - When installing the inner cable fixing bolt unit, use the setting tool TL-CJ40 (Y70898020).

#### **NOTE**

- TL-CJ40 is shipped ready to be used for CJ-NX10 and CJ-8520.
- For CJ-NX40 and CJ-8S40, use the reverse side of TL-CJ40. Replace the nut fitting as shown in the illustration.



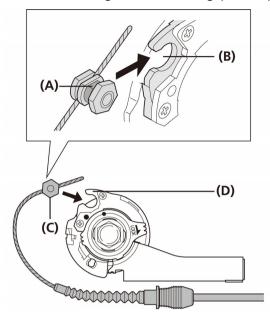
- **★1** Reverse side
- (A) Nut fitting(B) TL-CJ40
- This inner cable fixing bolt unit is designed only for CJ-NX10, CJ-NX40, CJ-8S20, and CJ-8S40.
  - 11-speed fixing bolt units cannot be used.



- **★1** 10mm
- **★2** Pass the inner cable through the hole.
- **★3** 127mm
- **★4** 63mm or less
- **★5** Pull the inner cable while attaching the inner cable fixing bolt unit.
- (A) Inner cable fixing nut (Black)
- (B) Inner cable fixing washer (Silver)
- (C) Inner cable fixing bolt (Silver)
- (D) Inner cable fixing bolt unit

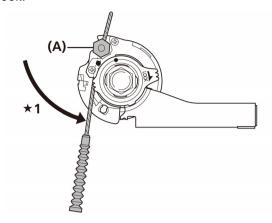
# Tightening torque 10mm spanner 3.5 - 5.5 N·m

8. Bring the cable around to the cassette joint pulley, hold it so that the inner cable fixing nut is facing outwards (towards the fork end), and then slide the flats part of the inner cable fixing washer into the gap in the pulley.



- (A) Flats part of inner cable fixing washer
- (B) Gap in pulley
- (C) Inner cable fixing nut
- (D) Pulley

**9.** Turn the cable 60° counterclockwise and attach it to the hook.

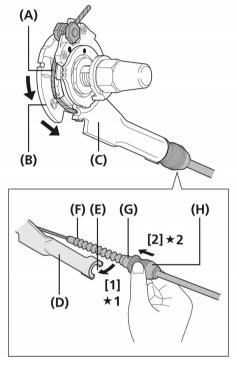


**★1** Turn the cable 60°

(A) Hook

**10.** Mount the inner cable into the pulley as shown in the illustration.

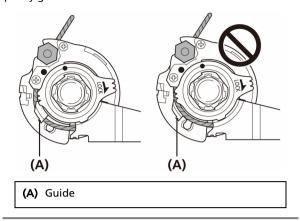
Holding the rubber cover, insert the rubber bellows part of the inner cable into the slit in the cassette joint bracket (see [1] in the illustration). Next, insert the outer casing holder securely into the outer casing holder section (see [2] in the illustration). Be careful not to damage the rubber bellows at this time.



- **★1** Insert the rubber bellows into the slit
- **★2** Attach the outer casing holder
- (A) Inner cable
- (B) Pulley
- (C) Bracket
- (D) Outer casing holder section
- (E) Slit
- (F) Rubber bellows
- (G) Outer casing holder
- (H) Rubber cover

#### NOTE

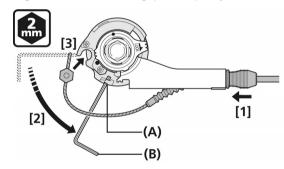
Check that the inner cable is correctly seated inside the pulley guide.



#### **TECH TIPS**

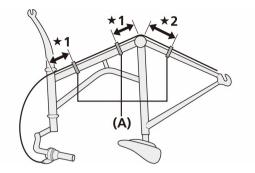
When it is easier to insert the outer casing holder into the outer casing holder section of the cassette joint

Insert the outer casing holder into the outer casing holder section of the cassette joint [1]. Next, insert a 2mm hexagon wrench or a #14 spoke into the hole in the cassette joint pulley and turn the pulley [2] so that the inner cable fixing bolt unit fits into the gap in the pulley [3].

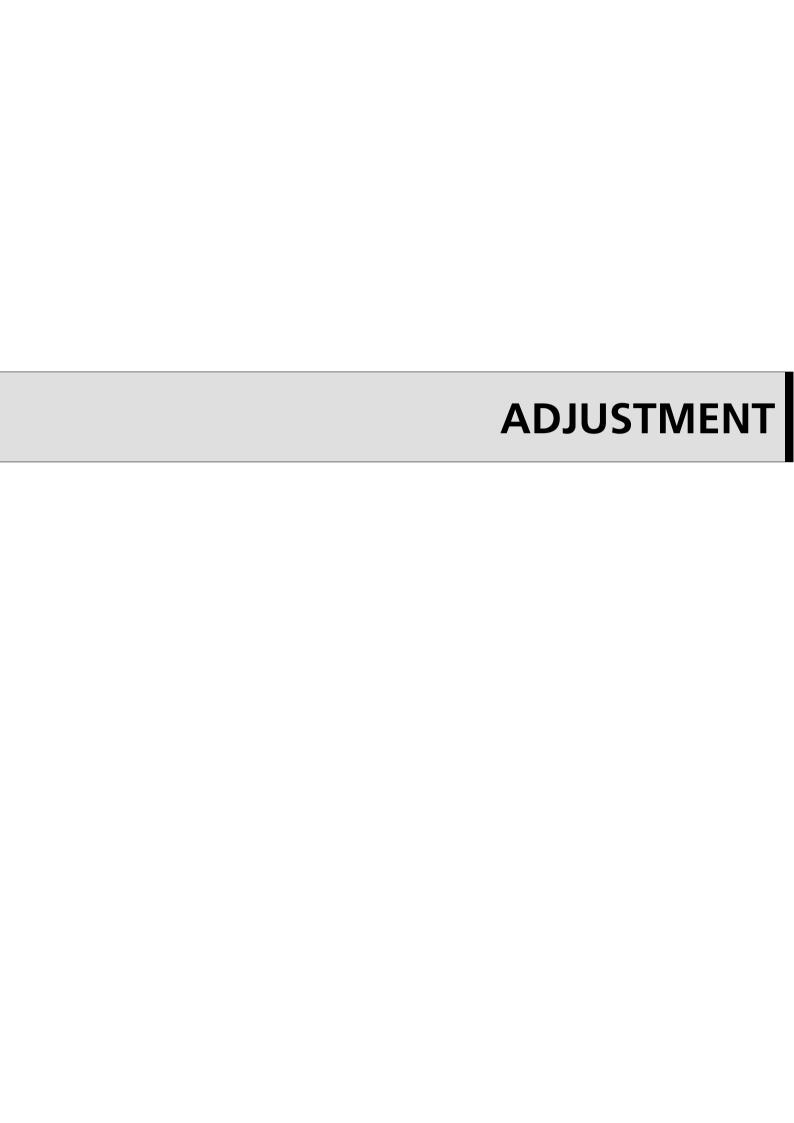


- (A) Hole in pulley
- (B) 2mm hexagon wrench or #14 spoke

**11.** Finally, fix the cable on the frame with the outer casing bands.



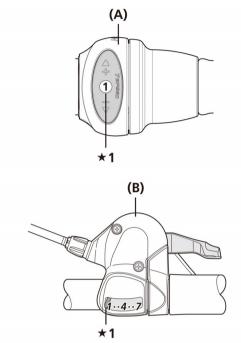
- **★1** 10cm
- **★2** 15cm
- (A) Outer casing bands



## **ADJUSTMENT**

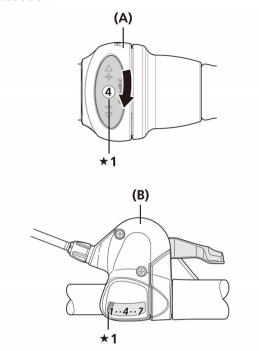
#### Adjusting the cassette joint

1. Set the REVOSHIFT lever/shifting lever to 1.

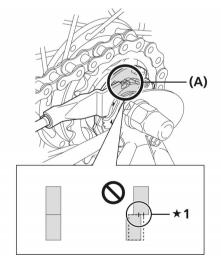


- **★1** Set to 1
- (A) REVOSHIFT lever
- (B) RAPIDFIRE Plus shifting lever

**2.** Set the REVOSHIFT lever/shifting lever as shown in the illustration.



- **★1** 7-speed/8-speed hub: Set to 4 5-speed hub: Set to 3
- (A) REVOSHIFT lever
- (B) RAPIDFIRE Plus shifting lever
- Check that the yellow setting lines on the cassette joint bracket and pulley are aligned with each other. If the overlapping area falls short of two thirds of each setting line, the gears may not be properly engaged during pedaling, resulting in abnormal noise or free spinning of the pedals.

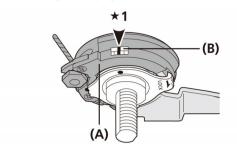


- **★1** The overlapping area falls short of two thirds of each setting line
- (A) Yellow setting lines

#### **TECH TIPS**

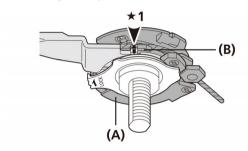
The yellow setting lines on the cassette joint are located in two places. Use the one that is easiest to see.

#### When the bicycle is upright



- **★1** Should be aligned
- (A) Bracket
- (B) Pulley

#### When the bicycle is upside down

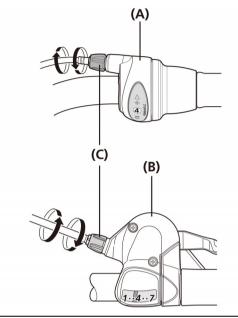


- **★1** Should be aligned
- (A) Bracket
- (B) Pulley

#### **TECH TIPS**

#### If the yellow setting lines are not aligned

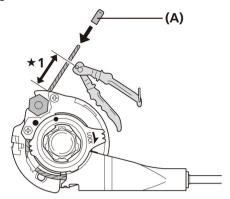
Turn the cable adjustment barrel of the REVOSHIFT lever/shifting lever to align the setting lines. After this, move the REVOSHIFT lever/shifting lever once more from X to Y and then back to X, and then re-check to be sure that the yellow setting lines are aligned.



- (A) REVOSHIFT lever
- (B) Shifting lever
- (C) Cable adjustment barrel

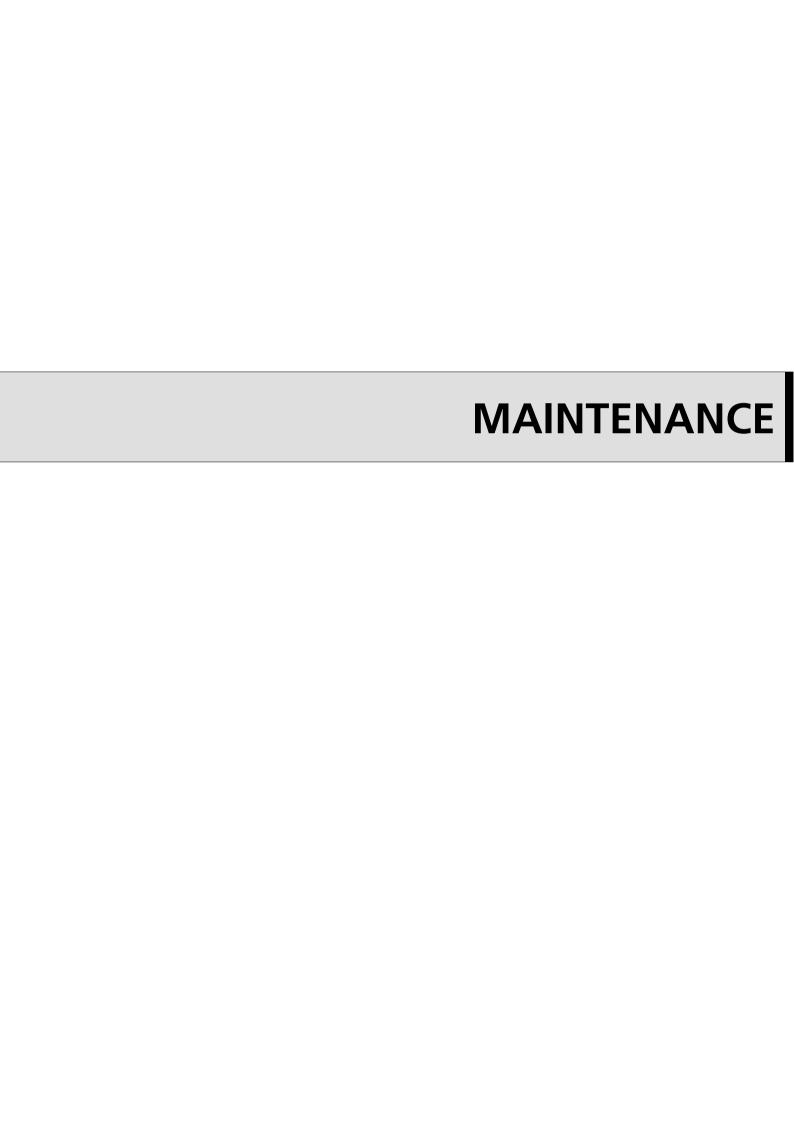
	х	Y
8-speed	4	1
7-speed	4	1
5-speed	3	1

**4.** After adjusting the cassette joint, cut off the excess length of inner cable. Next, install the inner end cap.



**★1** 15 - 20mm

(A) Inner end cap

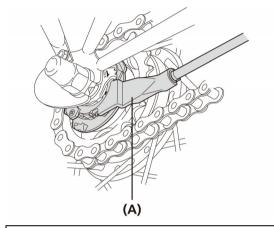


## **MAINTENANCE**

Disconnecting the shifting cable when removing the rear wheel from the frame

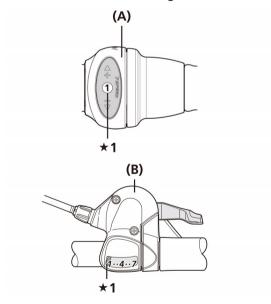
#### ■ For CJ-NX10/CJ-8S20

Disconnect the cable from the cassette joint when removing the rear wheel from the frame.



(A) Cassette joint

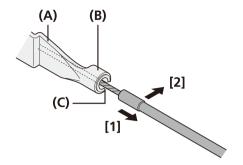
1. Set the REVOSHIFT lever/shifting lever to 1.



**★1** Set to 1

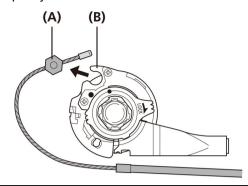
- (A) REVOSHIFT lever
- (B) RAPIDFIRE Plus shifting lever

**2.** Pull out the outer casing from the outer casing holder of the cassette joint, and remove the inner cable from the slit in the bracket.



- (A) Bracket
- (B) Outer casing holder
- (C) Slit

**3.** Remove the inner cable fixing bolt unit from the cassette joint pulley.



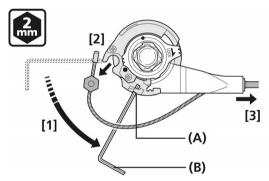
- (A) Inner cable fixing bolt unit
- (B) Cassette joint pulley

#### **TECH TIPS**

When it is difficult to remove the outer casing from the outer casing holder of the cassette joint

Insert a 2mm hexagon wrench or a #14 spoke into the hole in the cassette joint pulley and turn the pulley to slacken inner cable [1].

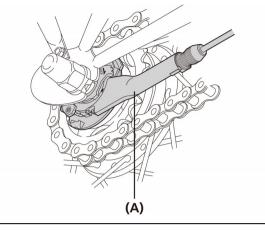
First, remove the inner cable fixing bolt unit from the pulley [2], and then remove the outer casing from the outer casing holder [3].



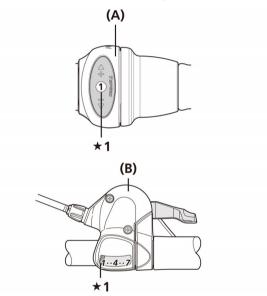
- (A) Hole in pulley
- (B) 2mm hexagon wrench or #14 spoke
- \* When remounting the cable, refer to the section "Installation of the shifting cable".

#### ■ For CJ-NX40/CJ-8S40

Disconnect the cable from the cassette joint when removing the rear wheel from the frame.



- (A) Cassette joint
- 1. Set the REVOSHIFT lever/shifting lever to 1.

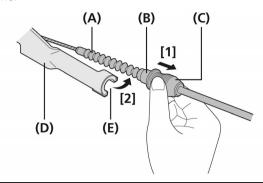


- **★1** Set to 1
- (A) REVOSHIFT lever
- (B) RAPIDFIRE Plus shifting Lever

**2.** Hold the rubber cover and pull the outer casing holder out from the outer casing holder section of the cassette joint [1].

Remove the rubber bellows portion of the inner cable from the slit in the bracket [2].

Be careful not to damage the rubber bellows at this time.

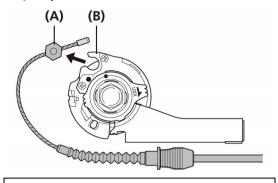


- (A) Rubber bellows
- (B) Outer casing holder
- (C) Rubber cover
- (D) Outer casing holder section
- (E) Slit

#### **NOTE**

Do not remove the cable by pulling the outer casing.

**3.** Remove the inner cable fixing bolt unit from the cassette joint pulley.



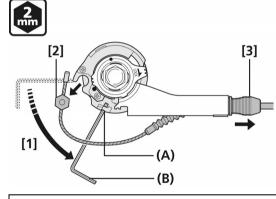
- (A) Inner cable fixing bolt unit
- (B) Cassette joint pulley

#### **TECH TIPS**

When it is difficult to remove the outer casing holder from the outer casing holder section of the cassette joint

Insert a 2mm hexagon wrench or a #14 spoke into the hole in the cassette joint pulley and turn the pulley to slacken inner cable [1].

First, remove the inner cable fixing bolt unit from the pulley [2], and then remove the outer casing holder from the outer casing holder section [3].

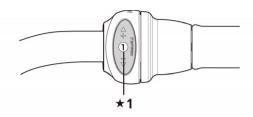


- (A) Hole in pulley
- (B) 2mm hexagon wrench or #14 spoke

### Replacing the inner cable

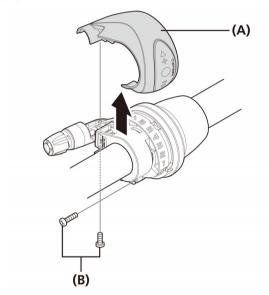
#### **■ REVOSHIFT lever**

1. Set the REVOSHIFT lever to 1.

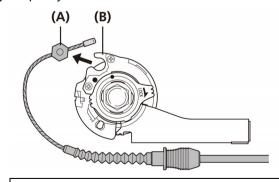


**★1** Set to 1

**2.** Loosen the cover fixing screws, and then remove the cover.

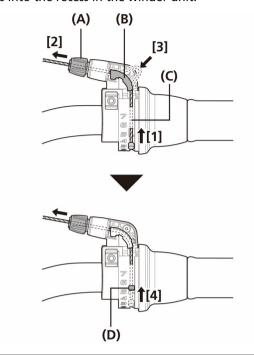


- (A) Cover
- (B) Cover fixing screw
- **3.** Remove the inner cable fixing bolt unit from the cassette joint pulley.

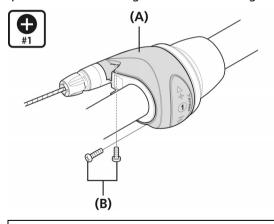


- (A) Inner cable fixing bolt unit
- (B) Cassette joint pulley

**4.** Pass the inner cable from the hole in the winder unit through the hole in the cable adjustment barrel. Next, insert the inner cable into the groove of the cable guide. Next, pull the inner cable so that the inner cable drum fits into the recess in the winder unit.



- (A) Hole in cable adjustment barrel
- (B) Groove of cable guide
- (C) Hole in winder unit
- (D) Recess in winder unit
- **5.** Replace the cover and tighten the cover fixing screws.

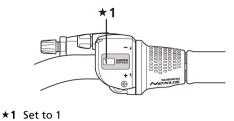


- (A) Cover
- (B) Cover fixing screw

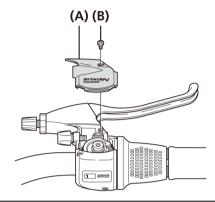
Tightening torque	
Screwdriver[#1]	
0.1 − 0.2 N·m	

#### For SB-8S20-A

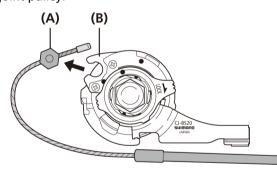
1. Set the REVOSHIFT lever to 1.



**2.** Loosen the cover fixing screws, and then remove the cover.

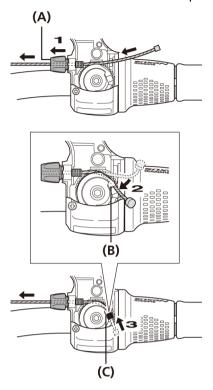


- (A) Cover
- (B) Cover fixing screw
- **3.** Remove the inner cable fixing bolt unit from the cassette joint pulley.

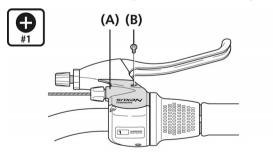


- (A) Inner cable fixing bolt unit
- (B) Cassette joint pulley

**4.** Pass the inner cable through the hole in the cable adjustment barrel. Next, hook the inner cable into the groove in the pulley, and pull the inner cable so that the inner cable drum fits into the hole in the pulley.



- (A) Hole in cable adjustment barrel
- **(B)** Groove in pulley
- (C) Hole in pulley
- **5.** Replace the cover and tighten the cover fixing screws.

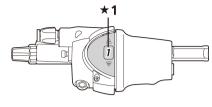


- (A) Cover
- **(B)** Cover fixing screw



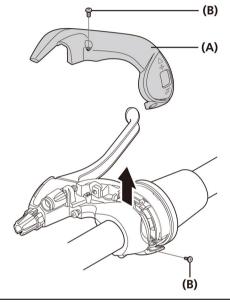
#### For SB-C3000-7

1. Set the REVOSHIFT lever to 1.

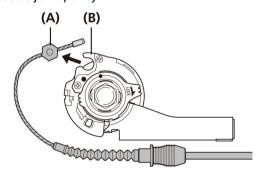


**★1** Set to 1

**2.** Loosen the cover fixing screws, and then remove the cover

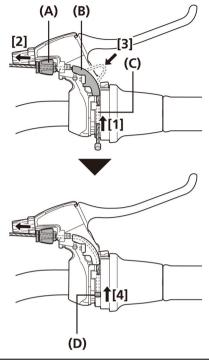


- (A) Cover
- (B) Cover fixing screw
- **3.** Remove the inner cable mounting bolt unit from the cassette joint pulley.

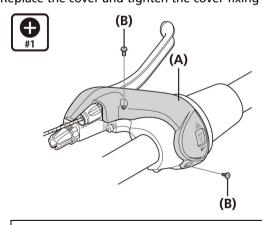


- (A) Inner cable mounting bolt unit
- (B) Cassette joint pulley

**4.** Pass the inner cable from the hole in the winder unit through the hole in the cable adjustment barrel. Next, insert the inner cable into the groove of the cable guide. Next, pull the inner cable so that the inner cable drum fits into the recess in the winder unit.



- (A) Hole in cable adjustment barrel
- (B) Groove of cable guide
- (C) Hole in winder unit
- (D) Recess in winder unit
- **5.** Replace the cover and tighten the cover fixing screws.

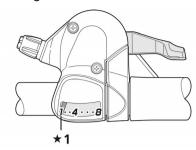


- (A) Cover
- (B) Cover fixing screw

# Tightening torque Screwdriver[#1] 0.1 – 0.2 N·m

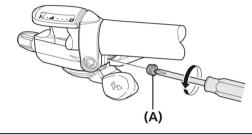
### ■ RAPIDFIRE Plus Shifting lever

1. Set the shifting lever to 1.



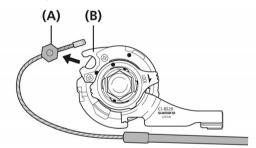
**★1** Set to 1

**2.** Loosen and remove the wire end hooking cap.



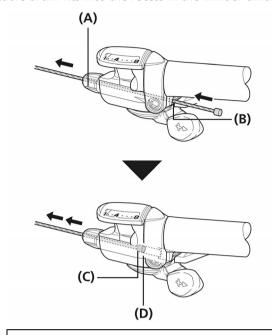
(A) Wire end hooking cap

**3.** Remove the inner cable fixing bolt unit from the cassette joint pulley.



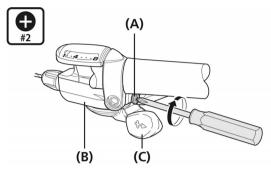
- (A) Inner cable fixing bolt unit
- (B) Cassette joint pulley

**4.** Insert the inner cable into the groove in the winder unit, and then pass it through the hole in the cable adjustment barrel. Next, pull the inner cable so that the inner cable drum fits into the recess in the winder unit.



- (A) Hole in cable adjustment barrel
- (B) Groove in winder unit
- (C) Inner cable drum
- (D) Recess in winder unit

5. Screw in the wire end hooking cap as shown in the illustration until it stops turning. If it is turned any further, it will damage the screw threads in the cover. In addition, the unit cover may become bent, which may cause an obstruction between the unit cover and lever A, causing lever A to not operate correctly. If lever A does not return properly, loosen the wire end hooking cap slightly to make a gap between lever A and the unit cover, and check that this improves the returning of lever A.



- (A) Wire end hooking cap
- (B) Unit cover
- (C) Lever A

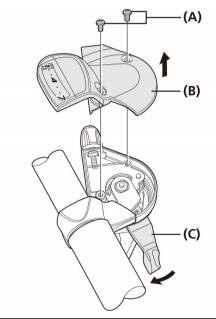
# Tightening torque Screwdriver[#2] 0.3 - 0.5 N·m

# Replacement and assembly of the indicator unit

#### ■ Removal

Disassembly and assembly should only be carried out when removing or replacing the indicator unit.

- 1. Operate lever B and set it to 1.
- **2.** Loosen and remove the two cover fixing bolts that are securing the indicator unit.
- **3.** Remove the indicator unit as shown in the illustration.

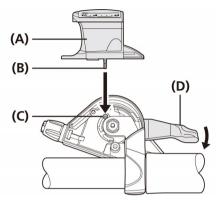


- (A) Cover fixing bolt
- (B) Indicator unit
- (C) Lever B

#### **■** Installation

Disassembly and assembly should only be carried out when removing or replacing the indicator unit.

1. Check that the needle of the indicator is on the left side (positioned at 1) and then install the indicator unit so that it is facing straight upward. Insert the axle of the pin plate that is protruding from the bottom of the indicator unit into the hole in the winder unit at this time.



- (A) Indicator unit
- (B) Axle of pin plate
- (C) Hole in winder unit (positioned at 1)
- (D) Lever B
- 2. Secure the indicator unit with the two cover fixing bolts.

Tightening torque
Screwdriver[#2]
0.3 - 0.5 N·m

**3.** Operate lever A and lever B, and check their operation. If they do not operate correctly, reinstall the indicator unit while taking particular note of step **1** above.

#### **NOTE**

Do not disassemble the indicator unit or the shifting lever unit. Disassembling them may result in malfunctions.

#### Oil maintenance of the internal assembly

To maintain the product in good working order, it is recommended to have a bicycle dealer or nearest agency carry out maintenance such as lubrication of the internal parts about once every two years from the first time of use (once about every 5,000km if the bicycle is used very frequently). Also, for carrying out maintenance, the use of Shimano internal geared hub grease or a lubrication kit is recommended. If Shimano grease or a Shimano lubrication kit is not used, problems such as a malfunction in gear shifting may occur.



(A) WB maintenance oil set (Y00298010)

**1.** Fill the container with maintenance oil to a height of 95mm.



**★1** 95mm

**2.** Immerse the internal unit in the oil from the left side until the oil reaches up to ring gear unit 1, as shown in the illustration.



**★1** Ring gear unit 1

**3.** Keep the internal unit immersed for approximately 90 seconds.



**4.** Remove the internal unit from the oil.



**5.** Let excess oil drain off for approximately 60 seconds.



**6.** Reassemble the hub.



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