SIGMA GERMANY

FIND THE COMPLETE MANUAL, INSTALLATION AND SETTING VIDEOS AT: **www.sigma-qr.com/rox5**

ROX 5.0

BIKE COMPUTER WITH HEART RATE

085170/2

FCC STATEMENT

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:
(1) This device may not cause harmful interference,
and
(2) this device must accept any interference received, including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.
However, there is no guarantee that interference will not occur in a particular installation.
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
– Reorient or relocate the receiving antenna.
– Increase the separation between the equipment and receiver.
– Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
– Consult the dealer or an experienced radio/TV technician for help.
Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Industry Canada license-exempt RSS standard(s).
Operation is subject to the following two conditions:
(1) this device may not cause interference,
and
(2) this device must accept any interference, including interference that may cause undesired operation of the device.

This Class digital apparatus complies with Canadian ICES-003.

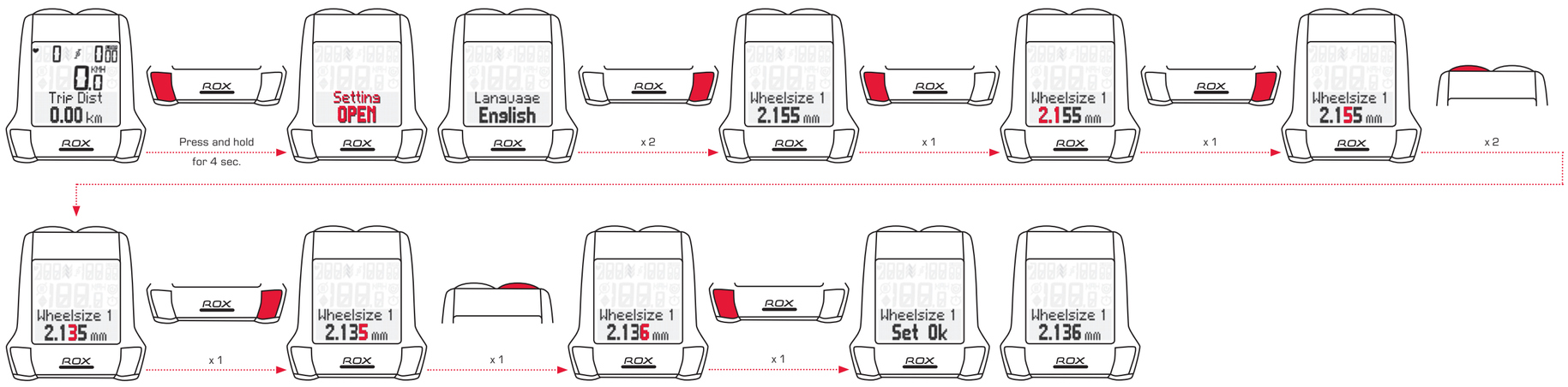
SIGMA-ELEKTRO GmbH
Dr.-Julius-Leber-Straße 15
D-67433 Neustadt/Weinstraße

SIGMA SPORT USA
3487 Swenson Ave.
St. Charles, IL 60174, U.S.A.

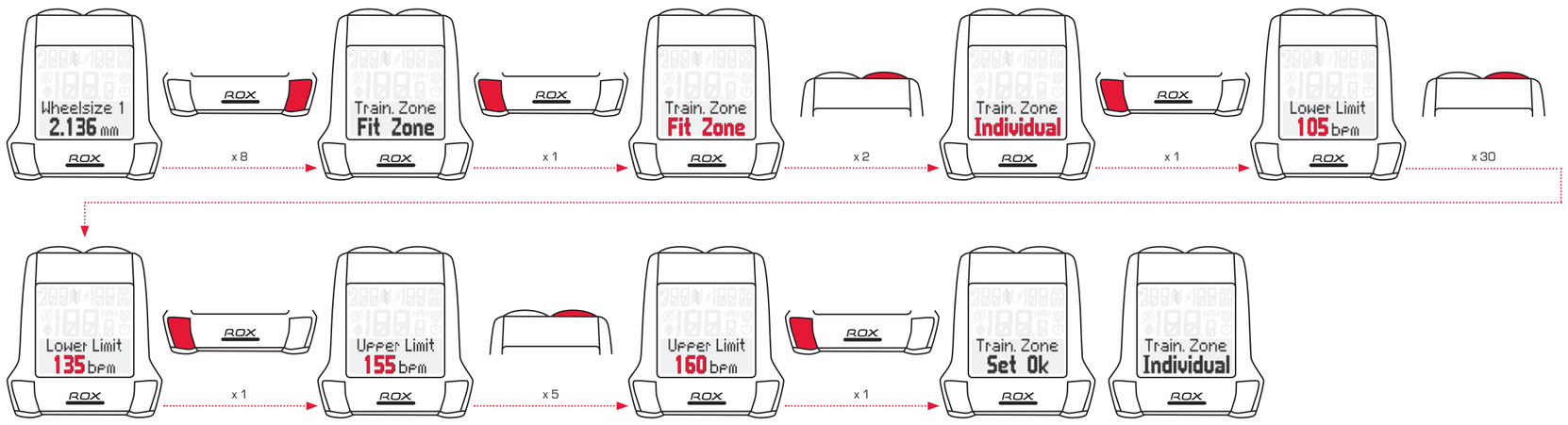
SIGMA SPORT ASIA
4F, No.192, Zhongqong 2nd Rd.,
Xitun Dist., Taichung City 407, Taiwan

EINSTELLUNGSBEISPIELE / SETTING EXAMPLES / EXEMPLES DE RÉGLAGE / ESEMPI DI IMPOSTAZIONE / EJEMPLOS DE AJUSTE / INSTELVOORBEELDEN / PRZYKŁADY USTAWIEŃ

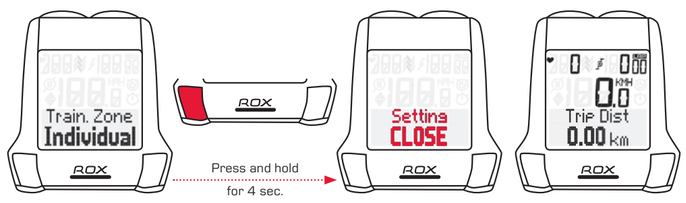
RADUMFANG FAHRRAD 1: VON 2155 AUF 2136 / WHEEL SIZE BIKE 1: FROM 2155 TO 2136 / CIRCONFÉRENCE DE LA ROUE – VÉLO 1 : DE 2155 À 2136 / CIRCONFERENZA RUOTA BICI 1: DA 2155 A 2136 / TAMAÑO DE LA RUEDA BICICLETA 1: DE 2155 A 2136 / WIELOMTREK FIETS 1 VAN 2155 NAAR 2136 / OBWÓD KOŁA ROWER 1: Z 2155 NA 2136



TRAININGSZONE: VON FITNESS ZONE AUF INDIVIDUELL 135-160 GRENZE / TRAINING ZONE: FROM FITNESS ZONE TO CUSTOMIZED 135-160 LIMIT / ZONES D'ENTRAÎNEMENT : DE LA ZONE FITNESS À LA ZONE PERSONNALISABLE, LIMITE : 135-160 / ZONA DI TRAINING: DALLA ZONA FITNESS AL LIMITE INDIVIDUALE 135-160 / ZONA DE ENTRENAMIENTO: DE LA ZONA FITNESS A LA INDIVIDUAL 135-160 LÍMITE / TRAININGSZONE: VAN FITNESSZONE NAAR INDIVIDUEEL MET GRENZEN 135 - 160 / STREFA TRENINGU: ZE STREFY FITNESS NA GRANICĘ INDYWIDUALNĄ 135-160



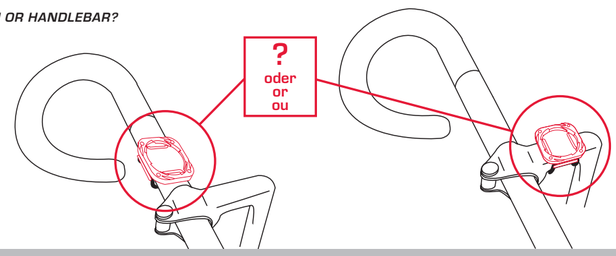
EINSTELLUNGEN VERLASSEN / EXIT SETTINGS / QUITTER LES RÉGLAGES / USCIRE DALLE IMPOSTAZIONI / SALIR DE LOS AJUSTES / INSTELLINGEN VERLATEN / WYJŚCIE Z USTAWIEŃ



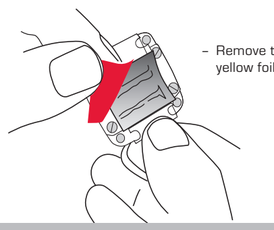
MONTAGEANLEITUNG / INSTALLATION INSTRUCTIONS / INSTRUCTIONS DE MONTAGE / ISTRUZIONI DI MONTAGGIO / INSTRUCCIONES DE MONTAJE / MONTAGEHANDLEIDING / INSTRUKCJA MONTAŻU

1. INSTALLATION OF THE BRACKET

1.1 STEM OR HANDLEBAR?

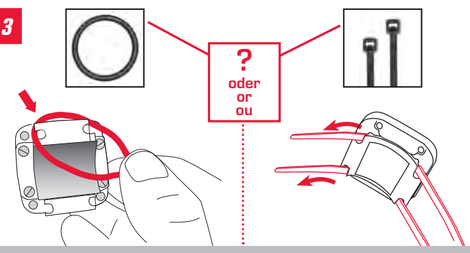


1.2 INSTALLATION OF THE BRACKET

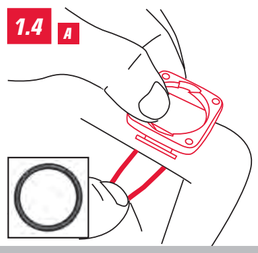


– Remove the yellow foil

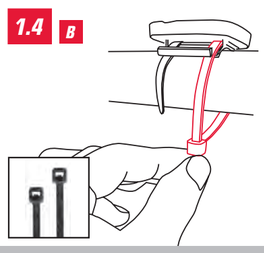
1.3



1.4 A

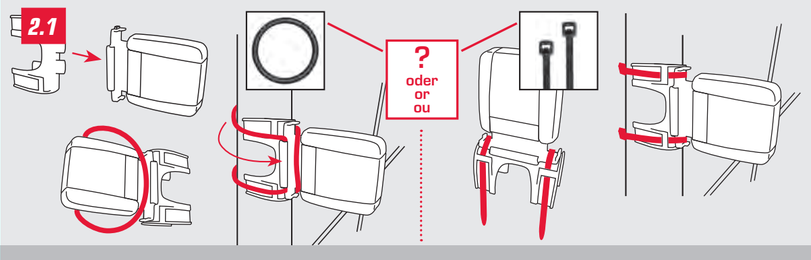


1.4 B

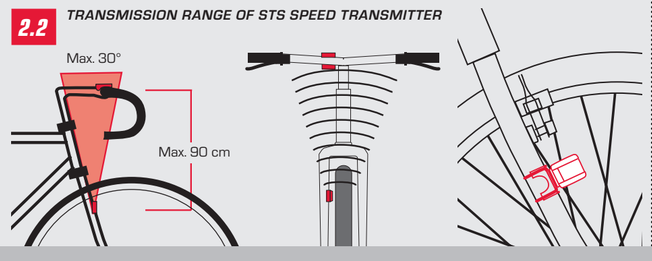


2. INSTALLATION OF THE WIRELESS SPEED TRANSMITTER

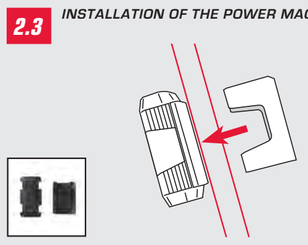
2.1



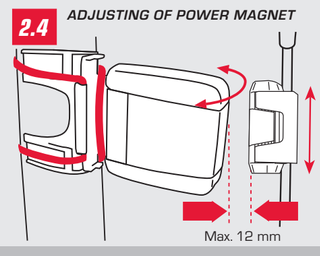
2.2 TRANSMISSION RANGE OF STS SPEED TRANSMITTER



2.3 INSTALLATION OF THE POWER MAGNET



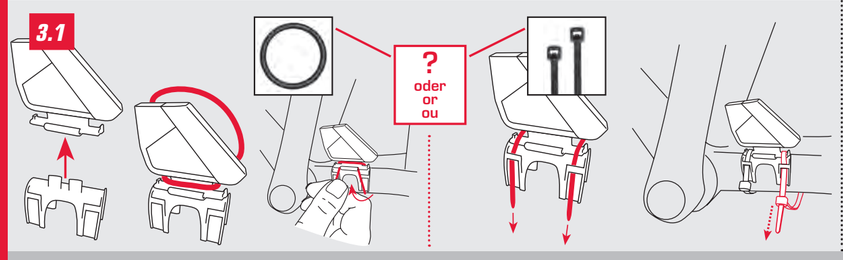
2.4 ADJUSTING OF POWER MAGNET



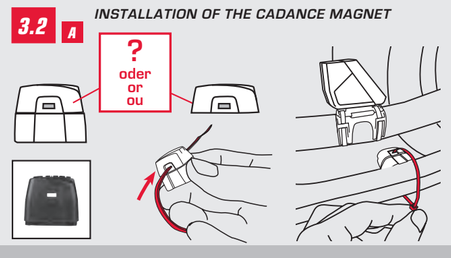
– In order to achieve the necessary 12 mm or less install the transmitter and the magnet closer to the wheel hub.

3. INSTALLATION OF THE WIRELESS CADENCE TRANSMITTER

3.1

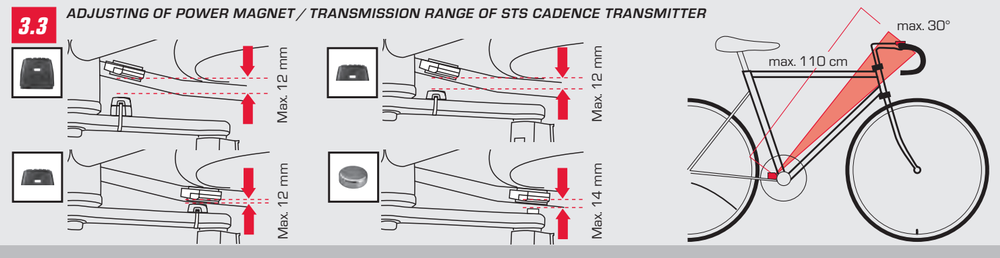


3.2 A INSTALLATION OF THE CADANCE MAGNET



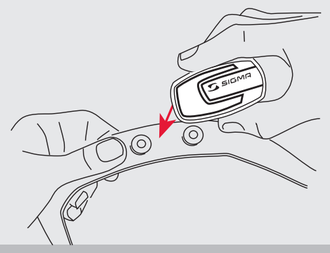
3.2 B

3.3 ADJUSTING OF POWER MAGNET / TRANSMISSION RANGE OF STS CADENCE TRANSMITTER

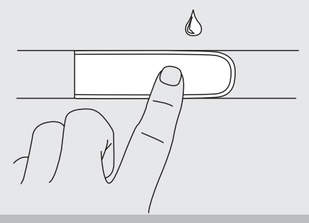


4. ATTACHING THE WIRELESS HEART RATE TRANSMITTER

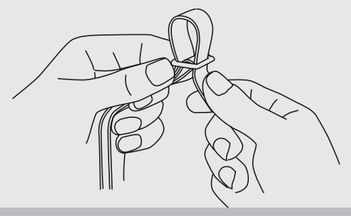
4.1



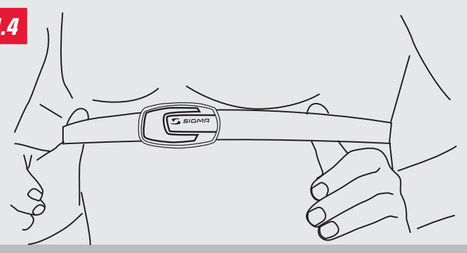
4.2 RUB WATER OR CARDIO-GEL ON THE ELECTRODES



4.3 ADJUSTING THE CHEST STRAP

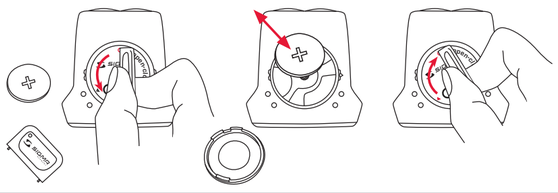


4.4

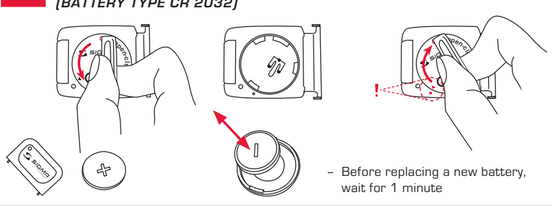


5. BATTERY CHANGE / SWITCH BIKE 1 – BIKE 2

5.1 CHANGE BATTERY / BIKE COMPUTER (BATTERY TYPE CR 2450)

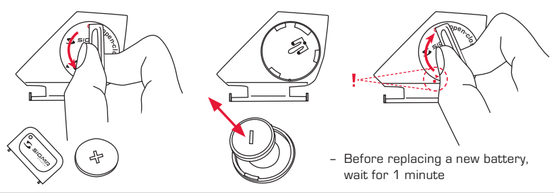


5.2 CHANGE BATTERY / SPEED TRANSMITTER (BATTERY TYPE CR 2032)



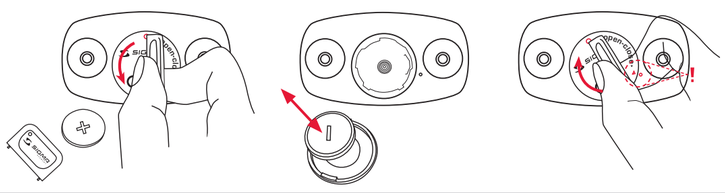
– Before replacing a new battery, wait for 1 minute

5.3 CHANGE BATTERY / CADENCE TRANSMITTER (BATTERY TYPE CR 2032)



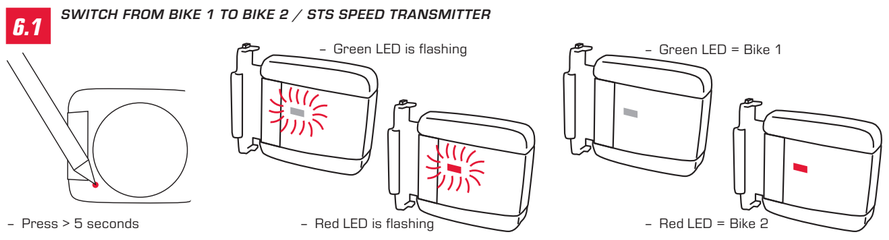
– Before replacing a new battery, wait for 1 minute

5.4 CHANGE BATTERY / HEARTRATE TRANSMITTER (BATTERY TYPE CR 2032)



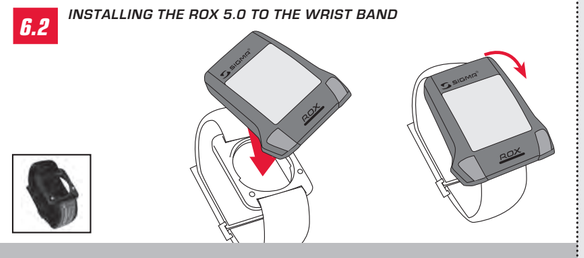
6. SWITCH BIKE 1 – BIKE 2

6.1 SWITCH FROM BIKE 1 TO BIKE 2 / STS SPEED TRANSMITTER



– Press > 5 seconds
– Green LED is flashing
– Red LED is flashing
– Green LED = Bike 1
– Red LED = Bike 2

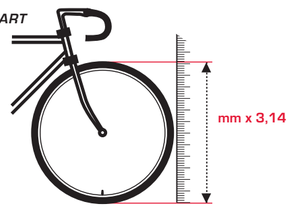
6.2 INSTALLING THE ROX 5.0 TO THE WRIST BAND



7. WHEEL SIZE CHART

7.1 WHEEL SIZE CHART

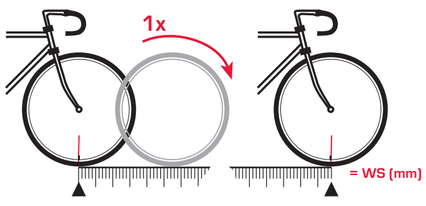
A



km/h:
WS = mm x 3,14

mph:
WS = mm x 3,14

B



km/h:
WS = mm

mph:
WS = mm

7. WHEEL SIZE CHART

C

ETRTO 16 x 1.75 x 2		kmh mph	ETRTO 16 x 1.75 x 2		kmh mph
47-305	16 x 1.90	1272	32-622	28 x 1.25, 700 x 32C	2170
47-406	20 x 1.75	1580	35-622	28 x 1.35, 700 x 35C	2185
37-540	24 x 1 3/8	1948	37-622	28 x 1.40, 700 x 35C	2200
47-507	24 x 1.75	1900	37-622	28 x 1.40, 700 x 37C	2200
37-584	26 x 1 3/8, 650 STD	2086	40-622	28 x 1.50, 700 x 38C	2220
37-590	26 x 1 3/8, 650 x 35A	2100	42-622	28 x 1.60, 700 x 40C	2230
40-559	26 x 1.50	2030	47-622	28 x 1.75	2250
42-559	26 x 1.60	2025	50-622	29 x 2.00	2280
47-559	26 x 1.75	2050	54-622	29 x 2.10	2295
50-559	26 x 2.00	2075	57-622	29 x 2.25	2288
54-559	26 x 2.10	2100	60-622	29 x 2.35	2330
57-559	26 x 2.25	2120	23-571	650 x 23C	1973
57-584	27 1/2 x 2.25	2128	18-622	700 x 18C	2102
28-630	27 x 1 1/4	2174	20-622	700 x 20C	2100
32-630	27 x 1 1/4	2220	23-622	700 x 23C	2125
40-635	28 x 1 1/2	2265	25-622	700 x 25C	2135
			28-622	700 x 28C	2150